

Dr. John Waker, Keynote Speaker at “RhinoForum” Warsaw Poland, Dec 1st 2018

“Understanding The Importance Of Nasal Breathing”

Dr. John Walker was the invited Keynote Speaker at the European Congress “RhinoForum” attended by over 900 European ENT Specialist Doctors in Warsaw, Poland, on December 1, 2018. His special topic was “Understanding The importance of Nasal Breathing, The Future of Our Children, Performance and Longevity or Sleep Apnea.”

The information Dr. Walker was invited to present included the newly discovered pathways of breathing that results in a child’s peak performance and good health; or if otherwise impaired by mouth breathing or snoring the result is poor growth and development, poor cognitive skills, misdiagnosed ADD/ADHD behavior, poor athletic performance, and many previously thought unrelated health problems. Millions of children suffer from seemingly minor symptoms that go undiagnosed which can escalate into life-shortening and debilitating conditions.

Many children are misdiagnosed with ADHD when in fact the root problem may actually be a sleep or breathing issue which causes the child to not attain a proper night’s sleep resulting in daytime restlessness, hyperactivity, lethargy, or anger.

Dr. Walker, an Advanced Airway Orthodontist, together with his colleague Dr. Peter Catalano, a renowned ENT specialist, has pioneered a treatment protocol which is becoming recognized as a true medical breakthrough around the world. The patient’s quality of life improvement is fast, painless and life-lasting.

“The patient’s results are nothing less than remarkable. It’s breathtaking,” says Dr. Catalano. Confirming, a leading Chicago doctor and consultant to the ADA says this breakthrough to restore children’s **proper breathing may be as important as the discovery of penicillin.**

Adults also benefit from this breakthrough by often eliminating the need to use CPAP masks and restoring their quality of life.

If you or your child have any of these symptoms, don’t waste another precious moment! Call Walker Orthodontics to schedule your consultation and restore your quality of life.

Dr. Walker is on the faculty at Boston University, a Diplomate of the American Board of Orthodontics, and is in private practice in Lunenburg and Harvard, MA.

Dr. Catalano practices in Brighton, MA and is affiliated with Lahey.
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